<u>Pioneer of Holistic Practices, Visionary Humanitarian, Transformational Rhetorician, Educationist of Oral and Traditional South American Medicine, Pranayama Facilitator</u>

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# Curriculum Vitae



### Spiritual Heritage

- Jewish Upbringing, 4 Years Hebrew School, Accepted to both Yeshiva of New Haven
   & Brooklyns' Magen David Yeshiva New York
- 2001 Affiliation with Self Realization Fellowship, Malibu, Hollywood, Encinitas, California Paramahansa Yogananda, Baba Ji Lineage
- 2003- Present Studies under Dr. Richard Alpert & integrated through "spiritual crisis in Taos, New Mexico. Studied Vedanta and Yogic Philosophies. - Neem Karoli Baba Lineage
- 2003- Present Affiliation with Mata Amitranandamayi in conjunction with visits to West Coast
- 2004- Present Affiliation Iskcon Community, Rose Temple Venice Beach California, International Society for Krishna Consciousness, Los Angeles, California
- 2004- Present Affiliation Sivanada, Beach Avenue Los Angeles, California
- 2005- Present Affiliation Siddha Yoga Community Los Angeles, California Bhagawan Nitiyananda Lineage

#### **Pilgrimages**

- California: Land of the Medicine Buddah
- India: Kainchi Dham, Varanasi, Vrindavan, Bhumiadhar, Nanital, Jageshwar, Khajuraho, Bodhgaya, Kerala
- Bali: Pura Gua Lewah, Pura Batukaru
- Thailand: Wat Pho, Wat Saket, Wat Arun

#### **Studies**

- 2003 Present: Ahimsa, Mediation, Tapasya, Karma, Jnana, Raja, Bhakti and Yoga Asana, Bajan, and Pranayama Philosophy and Pragmatic Practice
- 2006 2007 Holistic Healing Arts Studies David Elliott
- 2007 Dharmic Philosophy with Noah Levine
- 2009 Studies in Shamanic Arts Dream Time LLC John English
- 2009 Completion of Shamanic Medicine Wheel Lineage Dr. Alberto Villoldo, Founder of the 4 Winds Society.
- 2003- Present Plant Based Cleansing Practices
- 2012 Brain Paint EEG Biofeedback System
- 2012 Entheogenic Medicine Practices: Bwiti, Quechua, Santo Daime, Uniao do Vegetal
- 2014 Panchakarma effects on physical, mental, emotional well being
- 2016 Traditional Shapibo Shaman Studies: Maestro Gaspar Rengifo, from Puerto Consuelo, Peru
- 2016 Cranial Sacral Studies: Sutherland, Upledger, Ferguson

#### **Education**

#### 2003- Present

- Suzanne Scurlock Durrana: Healing From The Core Certification
- David Elliott: Hollistic Healing Trainings 1 through 4 Certification
- John English: Quero South American Medicine Wheel
- Kailas Om: Cranial Sacral Levels 1&2 Certification
- Yogic Philosophies: Gary Krafstow, Douglas Keller PHD, Douglas Brooks, Max Strohm, Annie Carpenter, Chad Hamrin, John Friend
- Undergraduate studies: CSUN Northridge California, Santa Monica College

#### Position Held

2005- Present

Founder of The Breath Center International Healing Arts Movement, Ojai, CA. The Breath Center is a highly visible, transformational organization dedicated to the increased, conscious productivity of top-level professionals through education, facilitation & practice of

"Respiratory Therapies" utilized by some of the worlds most successful and innovative, industry leaders.

2011- 2013 Residential Manager, Casa Vista Sober Recovery Home, Mar Vista

CA. Duties included patient care, teaching, studies, research.

2002- 2005 Residential In Patient Treatment Manager/Assistant Clinical

Director, Los Angeles & Malibu, CA. Treatment of Substance Abuse, Axis I &2 Disorder Based Recovery Facilities, Walking Miracles Recovery Centers, Los Seasons Recovery Centers, Cliff Side Recovery Center, Malibu Recovery Center, Malibu California

CAST Recovery Group, California Spirit Recovery

1998- 2000 Wine and Champagne Acquisitions, Los Angeles, CA. Conducted

Staff Trainings, Acting Buyer Hospitality on premises & off premises retail and restaurant accounts. Grace Restaurant, Northridge Wine Company, Los Angeles Wine Company, Woodland Hills Wine

Company

#### **Business & Professional Experience**

2003- Present	Founder The Breath Center Healing Art Movement Los Angeles, CA
2000- 2003	Real Estate - Finance Commercial/ Land Finance & Development
2007- 2009	Opening design, Construction, Management and Marketing The HUB Yoga Studio, Los Angeles California
2005- 2008	Development of "The Breath Center Residential Community Home", West Los Angeles, California: Daily Group Sadhana, Urban Gardening Program, Healing Arts Training Programs, In House Personal Retreats, Retreats Ceremonial Practices
2000	Viticulture and Enology Instructor
1998- 2003	Real Estate - Finance Commercial/ Land Finance & Development

## <u>Public Speaking & Promotional Activities</u>

2009- Present Featured at transformational festivals: Lightning In A Bottle, Lucidity,

Bhaktifest Joshua Tree, CA, Topanga Earth Days Ojai, CA, Shaktifest Joshua Tree, Ca, Moksha Festival Los Angeles, CA, Indigo Vortex, Bhakti Midwest Madison, MI, Chicago, IL, One Love Festivals, Pranafest Ashland, OR, Unify Festival Santa Fe, NM

2005- Present Radio & podcast interviews, Raw Living Radio, Cool Change Radio,

KTLK 1150 am, Starseed Radio & The Soul of Healing Summits

2015	Sponsorship : Ancient Organics, Firefly Chocolate, Omega Creamery, Health-Ade Kombucha, Essential Oil Wizardry, Imlakesh Organics, Bliss Cafe and Harman Visions
2015	Banner Neuro Wellness, Gilbert, AZ, Pranayama for Parkinsons
2013	"Into the Moment" Documentary written by Eric Long, producer/director Tyler Fairbank & Alex Rubenstein
2011	Love, Serve, Feed People and Remember God, weekly interview series, Cool Change Radio Foundation, Los Angeles, CA
2009- 2011	Featured at Walking Miracles, Season Recovery, Cliffside Malibu, Malibu Recovery and Spirit Recovery Centers
2008	"Get A Grip Americas Remedy To The Housing Crisis" featured on KTLK 1150 AM

### **Specialized Training Certifications**

Real Estate Finance California DRE
Pranayama Therapies
Cranial Sacral Therapies
Brain Paint EEG
Systemic Family Counsel
Conscious Parenting

### Community Service

The Breath Center Residential Community, West Los Angeles, CA Implementation of daily Sadhana Practices, Urban Gardening Programs, Healing Arts Training Programs, Private Yoga, Massage, Meditation, Breathwork, Reiki, Cranial Sacral, Cleansing/Dieta and South American Medicine Cura

Jewish Big Brothers, Los Angeles, CA

The Breath Center Feed People Outreach Program Los Angeles & Mexico City The Breath Center Palliative Program Los Angeles, CA

#### **Affiliates**

The Bodhi Tree Bookstore, Bhakti Fest, One Love Festivals, Rising Lotus Yoga Sherman Oaks, Power Yoga, Santa Monica, Aanand Saggar Venice, Indigo Vortex Festivals, Grateful Fridays Hollywood, Moksha Festivals, The Hub Breath work Yoga Meditation, Clearview Treatment Programs, Yogala, Promises Addiction, Treatment Centers, Prana Festivals, Bam Bu Lah Yoga, Mas Vidal's Dancing Shiva Yoga & Ayurveda, Malibu Recovery Centers, Cliffside Malibu, Seasons Recovery Centers Malibu, C.A.S.T Recovery Treatment Programs, Spirit Recovery Centers, Walking Miracles Los Angeles, Lucidity Festivals, Walking Miracles Malibu, Casa Vista Recovery Home, Being In L.A. Day Spa, Cool Change Radio Foundation, Love Serve &

Remember Foundation, Santa Monica "Spiritual Psychology" Program, Lightning In A Bottle, Topanga Earth Days, Yoga Now Chicago, Sacred Space Yoga Ojai California

# **Languages**

English, Quechua, Portuguese